On a Roll

Lion ADVENTURE

Before We Ride

Requirement(s) 1 and 2

Gear up! Crayons, your adult partner, and a bicycle helmet to examine together.

Safety gear. Talk about wearing a properly fitted bicycle helmet and clothing that helps other people see you. Your adult checks helmet fit and condition.

Draw yourself ready for a safe ride.

Talk through these riding rules with your adult.

- ◯ Have an adult check bicycle fit, tires, brakes, and secure parts before riding.
- ◯ Wear your helmet every ride. Choose visible clothing and ride in daylight.
- ◯ Watch for hazards such as gravel, broken glass, and uneven surfaces. Alert riders behind you to a hazard.
- ◯ Follow local traffic rules, signs, and signals. Where road riding is permitted, travel with traffic, not against it, and yield when required.

Tell your adult which gear you will use and explain one rule in your own words. Adults choose a suitable route and review all applicable safety rules before the actual ride.

The required ride with your adult partner or family is a separate step. This worksheet is not a ride plan or permission to ride alone. Electric and hybrid bikes are not permitted in Scouting activities.

Original local activity worksheet - not an official Scouting America publication.